

## New Zealand Rugby COVID-19 Requirements: Alert Level 3 & Alert Level 2

**These requirements are applicable to all levels of Rugby except for Investec Super Rugby Aotearoa.**

### Government Alert Level 3: Restrict

**Reduce:** Community transmission might be happening.

**Outcome:** Further restrictions on activities, including at workplaces and socially to address a high risk of transmission within New Zealand.

**Summary:** Stay at home, other than for essential personal movement, and going to work or school.

**Public Health Measures:** People should keep 2 metres apart outside home where possible (apart from with people within their extended bubble). In a controlled environment such as a workplace, 1 metre distancing is required. It is highly recommended that masks are worn.

### NZ Rugby Measures – No Rugby

**Under COVID-19 Alert Level 3 no rugby activity, including playing, workshops and training is permitted.**

- All forms of competition and festival rugby postponed or cancelled.
- All forms of team and group training postponed or cancelled.
- All in-person game development workshops postponed or cancelled.
- Rugby clubrooms and facilities closed.
- All staff and volunteers to stay home and stay safe.

### Government Alert Level 2: Reduce

**Reduce:** Disease is contained but risk of community transmission remains.

**Outcome:** Physical distancing and restrictions on gatherings to address sporadic cases or a cluster in New Zealand.

**Summary:** Businesses open, but physical distancing applies.

**Public Health Measures:** **Gatherings are currently limited to 100 people.** Community sports involving contact (e.g. rugby) can resume only if good contact tracing and hygiene measures for participants, equipment, and facilities are in place. People should keep their distance from people they do not know in public (ideally 2 metres), with 1 metre physical distancing in other environments (e.g. workshops). It is highly recommended that masks are worn.

### NZ Rugby Measures – Trainings and Games

- Trainings and games can continue once clubs and schools have plans for compliance with public health guidelines regarding mass gatherings, contact tracing, physical distancing, and participant and facilities hygiene which are signed off by your Provincial Union. **Refer to the detailed requirements below.**
- Participants and spectators must adhere to public health measures.
- Contact tracing measures must be put in place for all participants and spectators.
- Mass gathering protocols must be adhered to - maximum numbers and physical distancing measures are subject to Government requirements.
- Rugby clubrooms and facilities may open so long as Ministry of Health guidelines on Health and Safety are met.
- In-person game development workshops can be conducted where physical distancing measures (1 metre) are adhered to and contact tracing measures are in place. Government limits on mass gathering numbers must be adhered to.

## New Zealand Rugby COVID-19 Alert Level 2 Health Requirements

**Under COVID-19 Alert Level 2 all rugby can continue but must follow the NZ Rugby Health Requirements below. These requirements are applicable to all levels of Rugby except for Investec Super Rugby Aotearoa.**

### NZ Rugby Health Requirements that apply to Alert Level 2:

#### Contact tracing Requirements:

- A Contact tracing register must be in place and it must be quickly accessible if needed by public health authorities. Particular care should be taken to record the details of any spectators at a game, and any visitors to clubrooms.
- Although NZ Rugby recommends the use of [iD.me](#) as an online contact tracing option, please work with your Provincial Union to ensure a consistent approach to contact tracing.
- To understand the options available to you for contact tracing, including manually, please refer to the [NZR Contact Tracing Guidelines here](#).
- In addition to iD.me, NZ Rugby also recommends the use of the Government's NZ COVID Tracer App to ensure individuals keep a personal digital diary.
- The Government is recommending that venues display a QR code so that those using the official COVID Tracer App are able to quickly log their movements. The process for getting a government QR has been simplified and can be done here <https://qrform.tracing.covid19.govt.nz/>

#### Requirements for Participants (for example players, coaches, managers, medical staff, referees, club/school volunteers, and Provincial Union staff)

- Stay home if you are sick and do not attend trainings or games. If you have flu-like symptoms, even if they are mild, self-isolate at home, contact your GP or Healthline on 0800 358 5453 and get tested immediately.
- Only use changing rooms if appropriate hygiene measures are in place.
- Disinfect equipment, particularly the rugby ball, and any shared equipment such as hit shields, tackle bags, cones, and scrum machines before and after trainings and games.
- Wash and dry hands before and after trainings and games, after going to the toilet and after coughing or sneezing.
- Cough into elbow, avoid touching your face.
- Bring your own water bottle, and do not use team water bottles.
- Avoid spitting and coughing.
- Participants should maintain physical distancing when not participating in the actual rugby training or game.
- As per Government advice, it is recommended that face masks are used.

#### Requirements for Spectators and Supporters

- Stay home if you are sick. If you have flu-like symptoms even if they are mild, self-isolate at home, contact your GP or Healthline on 0800 358 5453 and get tested immediately
- Physical distancing of 2 metres must be maintained wherever possible, especially from people that you do not know. This includes seating areas where supporters should maintain at least one seat distance between each other.
- The maximum number of spectators around each full-sized rugby field must not exceed Government guidelines, and spectators should avoid moving to view games at adjacent fields. Supporters should maintain a physical distance of 2 metres from other spectators, and participants.
- Supporters must follow usual personal hygiene measures such as avoid spitting and coughing, and cough into your elbow, and avoid touching your face.
- Avoid high traffic areas e.g. car parks, facilities, and entry/exit points. Move in and out of these areas quickly.
- Supporters and spectators must provide their contact details when requested for contact tracing purposes.
- As per Government advice, it is recommended that face masks are used.

#### Requirements for Coaches and Managers in Planning Trainings

- Establish and implement a plan for limiting training numbers to the Government approved number of participants at each designated training area. Ensure that hygiene plans are in place for participants, equipment and facilities, and that contact tracing measures are in place.
- Direct participants to avoid training and stay home if they are sick. Participants with flu-like symptoms, even if they are mild, are to be advised to self-isolate at home, contact their GP or Healthline on 0800 358 5453 and get tested immediately.
- Discourage any congregation at high traffic areas e.g. car parks, facilities, and entry/exit points pre and post training. Move in and out of these areas quickly.
- Develop a plan with medical staff for the safe treatment of injured players to limit risk of transmission.
- Only plan training activities that involve contact where necessary.
- Discourage any spitting or any practice during training which creates a risk of transmission.
- Refer [Team Coach and Manager Checklist for Training here](#).

#### Requirements for Organising Committees and Provincial Unions Relating to Competition Planning

- Plan competition and fixture scheduling with regard for Clubs and facilities abilities to manage likely player and spectator numbers.
- Plan competition and fixture scheduling with regard to games played at public grounds with no domiciled club.

#### Requirements for Clubs and Schools for Changing Rooms and Toilet Facilities on Training and Match days

- Develop and implement a plan to ensure the safe use of facilities including changing room allocations, public notices, managing traffic flows, and regular cleaning of facilities.
- Refer [Changing Room and Toilet Facilities Checklist for Training and Match Days here](#).

#### Requirements for Clubs, Schools, and Referees for Match Day Operations

- Develop and implement a plan to ensure the safe attendance by participants and spectators to your grounds, including volunteer management, field scheduling, traffic flows, crowd control per field, contact tracing, changing room allocations, and toilet access.
- Refer [Match Day Operations Checklist for Clubs, Schools and for Referees here](#).

#### Requirements for Clubrooms and Facilities Managers on Training and Match Days

- Develop and implement a plan to ensure compliance with public health guidelines regarding crowd control, contact tracing, physical distancing, and participant and facilities hygiene.
- Refer [Clubrooms Checklist here](#).

## Important Notes

### Subject to change:

- Please note that this advisory is current as of 12 August 2020 and is subject to change.
- NZ Rugby continues to work closely with Sport NZ and the Ministry of Health to provide the most up-to-date information for our stakeholders.